



Promoting enjoyable, safe and successful Scottish sailing and motorboating

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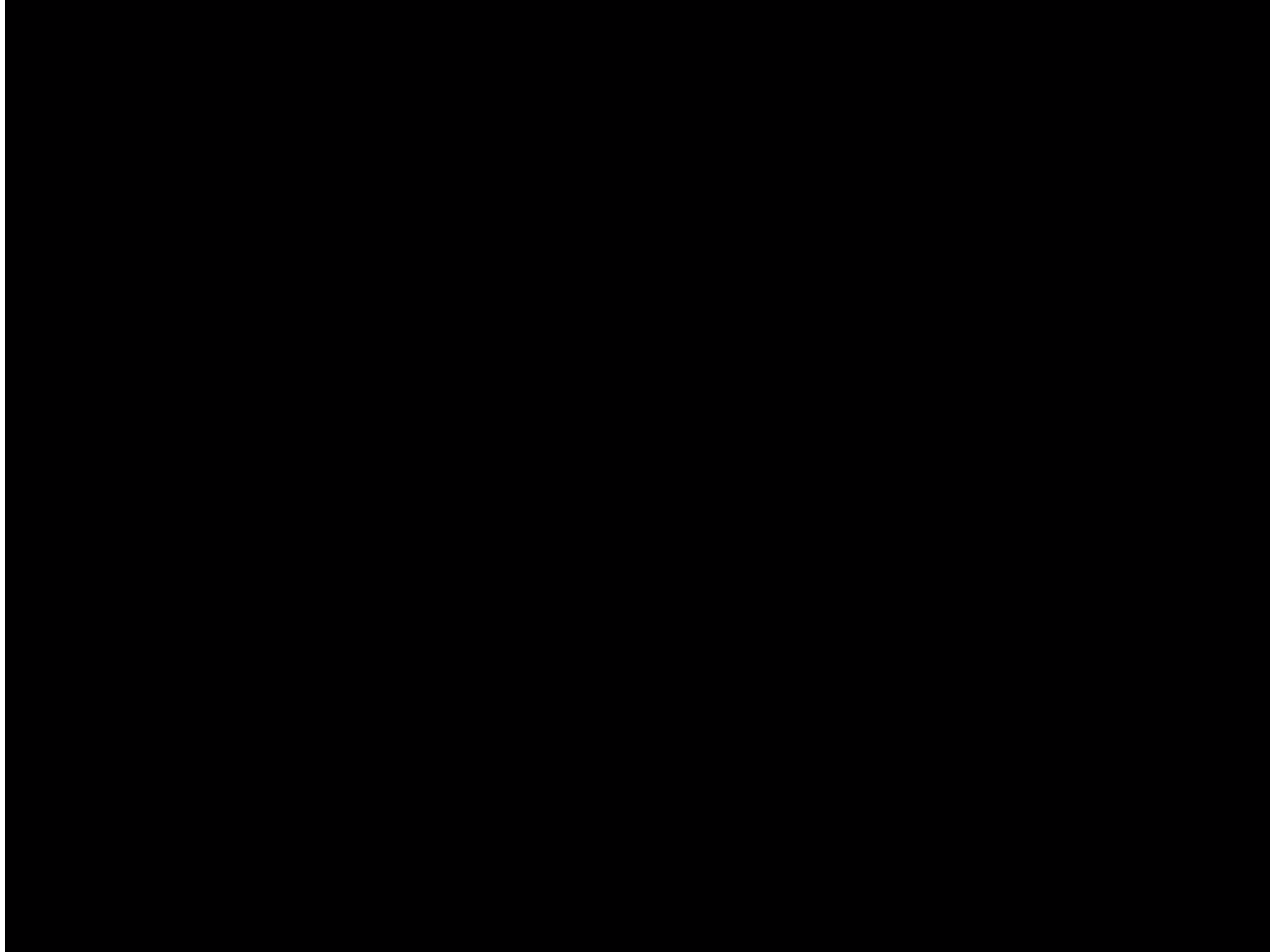


Instructor Up-dates 2009

- Topics include:
- MAIB reports
- North of Scotland Sailing Squad info
- Latest information from RYA
- RYA Scotland news
- Question time



2008 – A good year for sailing





RYA Information

- 2350 training centres across the world, 500 are clubs. 350 are outside the UK. Training centres in 43 countries.
- High proportion of these centres are powerboat training centres
- SRC centres will now have a 5 yearly inspection, by order from the MCA



RYA news continued

- Any practical instructor with dayskipper theory or above can attend a two day Shore-based instructor course and then teach the Basic Navigation and Safety course
- The RYA has changed it's lifejacket policy to come in line with MCA and RNLI – wear one unless it's safe to take it off



RYA news continued

- Adventuremark and Learning Outside the Classroom may come into force if seen as essential by local education authorities
- ISAF – developing a system of accreditation to recognise bodies such as the RYA. Likely to be a worldwide demand for qualified instructors and trainers
- RYA website being changed with training emphasis



RYA news continued

- Developing e-learning for many activities and courses – go to: <http://learn.rya.org.uk/> to see some of the latest information on this initiative
- RYA is building an accommodation block at the Olympics in Portland which can be used for conferences etc outwith the team's use.
- SportEngland funding a number of activities for the RYA in England, these are unlikely to spread to Scotland at this time.



RYA News continued

- **Better Sailing – pilot course**
- **Consolidation of Level 1 & 2 skills**
 - Mainly practical recap and on-water coaching using plenty of exercises to frame the techniques and skills. Don't just go round that triangular course for the umpteenth time! (Adapting some of the race training exercises which are on the website could be useful.)



RYA news continued

- **Development skills**
 - This area can be flexible but might include more efficient sailing, use of double hander or single hander as an option, dry capsized recovery, use of tell tales, basic racing skills, sailing theory
- **Taster skills-** (as crew or helm)
 - Basic spinnaker use, seamanship skills, basic chart work, trapezing. Where staffing ratio's permit why not have one to one onboard coaching or joyride experiences in faster boats?
- To sign up contact john.thorn@rya.org.uk



MAIB information – Plas Menai RIB incident

- Go to <http://www.maib.gov.uk/publications/index.cfm> to download the latest information from incidents and accidents
- Incident – RIB trip with a party of school boys to go kite flying. Plans had to change, but the instructors concerned didn't follow the rules of the centre.



MAIB continued

- Recommendations from the investigation:
- Plas Menai should review it's operating areas, personal flotation requirements, and limitations
- Restrict operations depending on seating availability
- Consideration to be made for journeying and similar activities
- Change procedures for amending authorised activities
- Review emergency response procedures
- Review communication strategies and procure relevant equipment to ensure all centres activities are effectively supported at all times



RYA Scotland up-date

- 8 staff members, some part time
- RYA Scotland website about to undergo change to ensure format and information is relevant to users
- Staying in Edinburgh for the next two years
- Current sportscotland target – to get 8 GBR Squad places



RYAS news continued

- Sailability Scotland – voluntary Development Officer (Alex Campbell), and funding from Royal Highland Yacht Club to deliver 6 taster sessions in the west of Scotland. Funding being sought to allow the delivery of activity in other areas of Scotland.



RYA Scotland Strategy

- Sailing Development Groups
- Volunteer support
- Coach Education
- Increasing the numbers of people racing
- Instructor Conferences
- Class Pathway Officer



That's it!

Thanks for listening
Any final questions?